Mrs. Cowan studied at the University of Texas in San Antonio from 1993-1995 and received her nursing license from Schriener College in Kerrville, TX in 1997. After 8 years in Alzheimer's care followed by 4 years in Pediatric triage, she retired from nursing to start a family. She has homeschooled her 14 yr old triplets for the past 7 years. Over the years, she has served in the Children and Youth ministries at church and has taught 3-6 grade science through HRM's Exploration program. She and her husband, Glenn, have been married over 25 years and they are members at Woodridge Baptist Church in Kingwood.